

# Rachel Jolly Dramatherapist & Drama and Movement Practitioner

HPC registrant AS13126 - British Association of Dramatherapists - Sesame Institute

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## Dramatherapy Work

### Dramatherapy in Education

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|--------------|---|
| 2011-Present | Stephen Hawking Primary School ( <i>Special Needs</i> )<br>One-to-one dramatherapy with children with PMLD and sensory impairments                    |
| 2011-Present | Lynch Hill Primary School ( <i>Mainstream</i> )<br>One-to-one and group dramatherapy with Looked After and BESD children                              |
| 2011-Present | Godolphin Infant School ( <i>Mainstream</i> )<br>One-to-one dramatherapy with Looked After and BESD children  |
| 2010-2011    | Marlborough Secondary School ( <i>Mainstream School with Learning Disabilities Unit</i> )<br>One-to-one dramatherapy with adolescents with PMLD       |
| 2009-Present | Fitzwaryn School ( <i>Special Needs</i> )<br>One-to-one and group dramatherapy with children and adolescents with MLD and PMLD                        |
| 2009         | Charlton-on-Otmoor Primary School ( <i>Mainstream</i> )<br>Group dramatherapy with children with relationship and play difficulties and special needs |
| 2009         | Sion-Manning Roman Catholic Girls Secondary School ( <i>Mainstream</i> )<br>One-to-one dramatherapy with At Risk adolescents with BESD                |

### Dramatherapy with Older Adults

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|--------------|--|
| 2011         | Alexandra Court supported housing<br>Group dramatherapy for the community                                      |
| 2010-2011    | Church Walk nursing home<br>Group dramatherapy for older adults (some with dementia)                           |
| 2010-2011    | Queen's Court Windsor nursing home<br>Group dramatherapy for older adults (some with dementia)                 |
| 2009-Present | Merryfield House nursing home<br>One-to-one and group dramatherapy for older adults (some with dementia)       |
| 2010         | Fairfield House residential home<br>Group dramatherapy for older adults who are academics                      |
| 2009         | Sage House nursing home<br>Co-facilitating group dramatherapy for older adults with dementia                   |
| 2008         | Bicester Resource Centre<br>Group dramatherapy for older adults diagnosed with depression (some with dementia) |

### Dramatherapy Associate

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|--------------|---|
| 2010-Present | Birmingham Centre for Arts Therapies<br>Associate |
| 2010-Present | Slough Behavioural Support Service<br>Associate   |

## Workshop Facilitation

Regularly	Stagecoach Early Stages dance and movement workshops
Oct 2011	Alexandra Place supported housing for older adults Dramatherapy and storytelling workshop for older adults
March 2011	Services Supporting Behaviour in Schools in Slough 'I talk' multi-arts-therapies workshop
March 2011	Birmingham Centre for Arts Therapies Dramatherapy workshop for music therapy students
Feb 2011	Alexandra Place supported housing for older adults Dramatherapy and storytelling workshop for older adults and their families
Nov 2010	Services Supporting Behaviour in Schools in Slough Anti-bullying week creative workshops
Nov 2010	Refugee Resource Dramatherapy workshop for women's multi-cultural group
Oct 2010	British Education of Dramatherapists education sub-committee Child protection training
Sept 2010	Queen's Court Windsor nursing home Dramatherapy talk for staff
Sept 2010	Lashbrook House nursing home Dramatherapy workshop for older adults
July 2010	Churches Together in Bicester Co-facilitating child protection training
May 2010	Fitzwaryn School Dramatherapy workshop for staff
Oct 2009	Churches Together in Bicester Co-facilitating child protection training
Sept 2009	Merryfield House nursing home Dramatherapy workshop for staff
Oct 2008	Stepping Stones conference, Sesame Institute Co-facilitating dramatherapy workshop for dramatherapists
Sept 2008	Milton Keynes Pupil Referral Unit Dramatherapy workshop for staff and pupils
July 2008	SNAPS Co-facilitating story and movement workshops for children with PMLD

## Education

2006-2008	MA Drama and Movement Therapy (Pass) The Central School of Speech and Drama, London
2001-2005	BA Drama and Theatre Studies & English and American Literature (2:1) The University of Kent

## Volunteering

2010-Present	Sesame dramatherapist mentoring Mentoring a newly qualified dramatherapist
2010-Present	Advancing dramatherapy Meeting with potential dramatherapy students to promote the field of dramatherapy
2009-Present	Pastoral support worker Meeting with, listening to and advocating for vulnerable adults in the community
2009-2011	Youth worker Co-facilitating youth group for adolescent girls

## Additional CPD

### Professional Activities

Jan 2011 Co-convenor of British Association of Dramatherapists education subcommittee  
Jan 2010 Member of British Association of Dramatherapists education subcommittee  
Nov 2010 Attended Sesame Institute AGM  
Nov 2009 Attended Sesame Institute AGM  
Sept 2009 Attended British Association of Dramatherapists AGM

### Supervision

2007-Present Individual supervision twice a month  
2008-Present Group supervision once a month

### Workshops and Courses Attended

Sept 2011 Sesame Institute  
Sesame Research Evening  
May 2011 The Makaton Charity  
Makaton training for professionals  
May 2011 Sesame Institute  
Sesame Research Evening  
April 2011 Merryfield House nursing home  
Learning Disabilities in Older Adults  
Feb 2011 Fitzwaryn School in conjunction with Oxfordshire Education  
Safeguarding children training  
Jan 2011 BADth education sub-committee  
Laban movement workshop  
Nov 2010 Health Professionals Council  
Listening Event  
Oct 2010 Sesame Institute  
Stepping Stones conference  
July 2010 Slough Services Supporting Behaviour  
Managing uncertainty and working with children on the autistic spectrum  
June 2010 NHS in conjunction with Oxfordshire schools  
Signing for beginners  
May 2010 Merryfield House nursing home  
Introduction to the mental capacity act  
May 2010 Merryfield House nursing home  
Introduction to safeguarding adults  
Jan 2010 Autism Oxford  
Asperger's Syndrome the inside story  
Nov 2009 Sesame Institute  
The importance of play in creative therapy  
July 2009 CMD Programme  
Child bereavement training  
July 2009 CCPAS  
Child Protection Training  
July 2008 Creative Movements  
Movement, dance and play in therapy  
Jan 2008 Sesame Institute with CSSD  
Fleshing out the psyche: psyche and soma awareness in therapy  
Jan 2008 BADth  
Touch in the therapeutic relationship  
Dec 2007 The Learning Trust  
Child protection training